



Kayak More Tomorrow Trip Information and Trip Logistics:

STARTING POINT:

Kayak More Tomorrow is a fully accredited sea kayak tour company. We know that getting going is what it is all about, so all our tours begin with your guide meeting you either at your hotel (place of residence) or at the cruise terminal; from here we will take you to our launching site. You can leave any extra bags, clothing, etc. with us. Also, if you have forgotten anything like sun screen, water, etc. we will help you out.

INCLUDED:

- Certified Guide(s)
- Refreshments & Snacks
- Snacks and Refreshments at KMT Ålesund
- Homemade Picnic Lunch (we are happy to accommodate all dietary restrictions) on Signature Trips

All Paddling Gear:

- Paddle
- Personal Floatation Device (PFD)
- Spray Skirt

Optional Gear:

- Poggies (for cold hands)
- Dry Bags (small for phones & cameras)
- Splash Jackets & Pants (if needed)
- Fishing Gear

All SUP Gear:

- Board, Paddle, Leash
- PFD (personal Floatation Device)

Optional Gear:

- Wetsuit (Farmer John/Jane type)
- Dry Bags (small for phones & cameras)
- Splash Jackets & Pants (if needed)
- Neoprene Booties

All Biking Gear:

- Scott Hybrid bike
- Helmet
- Lock

All Hiking Gear:

- Hiking Poles

HOW IT WORKS!

- Your guide will be at your hotel or the cruise terminal about 10 minutes prior to our arranged meeting time.
 - He/she will have the required trip paperwork for you to complete and sign.
 - Gear Up! Once the paperwork is done then it is time to get ready to go.
 - All ready, it's time to load into your waiting kayaks or onto your paddle board.
 - If you are cycling with us, then we quickly adjust the bike seats and fit your helmet before rolling out on tour.
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What to wear on a Kayak More Tomorrow day trip?

The best upper body clothing combinations when paddling/hiking/biking are merino wool t-shirts, long-sleeves, etc... under a rain jacket; if it is cool out then you can add a fleece top.

The best lower body clothing combinations when paddling/hiking/biking are quick dry pants or shorts these can also be worn under rain pants when necessary.

Suggested clothing to wear:

- Synthetic or wool fibre long underwear top
- Nylon or other synthetic fibre (“quick dry type”) pants or shorts
- Waterproof rain jacket
- Fleece pullover or jacket

Synthetic Fibre or Wool Long Underwear - This is a critical element to comfort during inclement weather. The synthetic or wool material “wicks” water away from the skin, keeping the layer closest to you warm and dry. It is available at any outdoors store. Garments that are any type of cotton blend or silk are not suitable.

Fleece (aka Pile) - The very best we’ve found are “Polar Plus” or “Polartec” both sold under a variety of brand names (Patagonia, North Face, REI, MEC) it’s warm and dries quickly

Rain Gear - It can rain in Coastal Norway during the summer. The key to comfort is wearing a base layer of synthetic/wool underwear and having good rain gear with sleeves that can be gathered close at the wrists. The PVC coated rain gear sold by Helly Hansen is the working standard on the coast; it’s heavy but absolutely water-proof and doesn’t breathe. Good quality, sturdy, nylon raingear is available from several sources; seams should be taped or sealed. If you look at Gortex breathable jackets, make certain they are suitable for use around saltwater. What is not acceptable is light “K-Way” type, “featherweight”, golfing-type rainwear or “vintage” Goretex.

Footwear – Hiking in Norway usually entails navigating narrow rocky paths or trails. We have found that light weight low-cut hiking shoes or good running shoes are good choices for the trails along the fjords. You can usually wear them while kayaking as well, however if your foot size is on the large side then paddling barefoot and bringing your shoes with you in the kayak is usually the best option.

Important Items to Bring – A 1liter water bottle filled with water

Some other things you might want to consider bringing:

- Sunglasses with 100% UV protection (Chums or Croakies type retainer highly recommended)
- Sunscreen (waterproof)
- Swimming suit & towel
- camera



Kayak More Tomorrow Day Tours

Terms and Conditions

Registration

1. Complete your online registration and payment
2. Upon completion of your online registration and payment your booking confirmation/ticket will be e-mailed to you directly
3. *Early Booking – Peace of Mind* – Our cancellation policy of 70% of your trip fees applies only for cancellations that are made 59 days or closer to your trip departure date. Cancellations made up to 60 days prior to your trip start date are refunded 100%; are refunded directly through our booking system to the card that was used to make the reservation.
4. Kayak More Tomorrow's Departure guarantee. We believe in our trips and holidays so much we guarantee that once you book your trip it will not be cancelled by us, unless climatic conditions are unsafe, and we are forced to cancel due to safety reasons.

Payment

The full price of your day trip is due at the time of registration; this will guarantee your booking.

Day Trip Cancellations – Up to 60 Days prior to your trip start Date

You are in the best of hands with KMT. Our generous cancellation policy covers you 100% when securing your trip early. We understand that unexpected things can happen, and changes may need to be made, therefore, we have an early booking – peace of mind – cancellation policy which covers you 100% up until 59 days prior to your trip date. Cancellations made up to 60 days prior to your trip start date are refunded 100%; are refunded directly through our booking system to the card that was used to make the reservation.

Day Trip Cancellations – 59 Days or Closer to your Trip Start Date

Kayak More Tomorrow operates during a short season in Norway. Norway is a wet country and there is a chance that it will rain on the day of your day trip. Therefore, it is a highly recommended that you follow our recommendations on what to wear on a KMT day trip as this will make your day out with us very enjoyable regardless of the weather.

Kayak More Tomorrow does not cancel day trips due to rain. KMT will only cancel a day trip in the event of unsafe paddling conditions; this is always due to the strength and/or direction of the wind.

A substantial cost goes in preparing for our day trips. Therefore, if a client wants to cancel due to rain or any other circumstance **KMT will refund your trip fees minus 30%.**

Due to the nature of operating in a marine environment, we reserve the right to cancel any day Trip prior to departure due to unsafe sea kayaking conditions; in the rare event that Kayak More Tomorrow must cancel a day trip due to unsafe sea kayaking conditions, Kayak More Tomorrow will refund 100% of the cost of your day trip.